



API-Udaipur Chapter



Endocrine Society of India  
Rajasthan Affiliate

# RAJ-ESICON 2025

## UDAIPUR

### 3<sup>rd</sup> ANNUAL MEETING OF ESI-RAJASTHAN AFFILIATE

19<sup>th</sup>-20<sup>th</sup> | JULY | 2025

Venue : Hotel Marriott, Badi Road Near Fateh  
Sagar Lake, Udaipur, Rajasthan

**Academic Partner :**

**Endocrine Society of India | API-Udaipur Chapter**

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### **Dr. Jay Chordia**

Organising Secretary, RAJ-ESICON 2025

Consultant Endocrinologist

Paras Health Hospital, Udaipur

M:- +91 87696 00999

Email Id:- drjaychordia@yahoo.co.in

### **Conference Secretariat**

Dr. Jay's Diabetes & Hormone Care Centre  
Plot No 3, Swami Nagar, Bhuwana, Udaipur,  
Rajasthan 313001

Email Id:- rajesicon2025@gmail.com

Website:- www.rajesicon2025.com



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Rajasthan Affiliate

APPROVED FOR  
6 CREDIT HOURS  
FOR FACULTY  
&  
4 CREDIT HOURS  
FOR DELEGATES  
BY RMC

# RAJ-ESICON 2025

## UDAIPUR

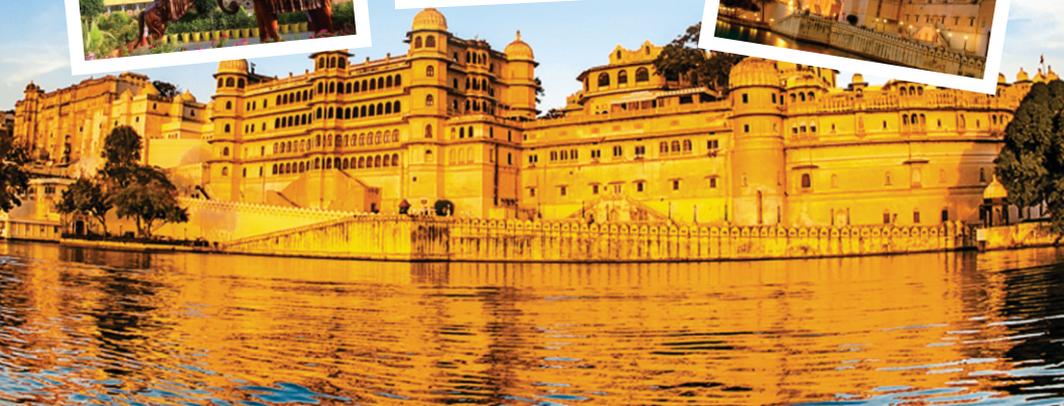
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**Dear Colleagues**

**Welcome to Udaipur!**

It gives us immense pleasure to invite hundreds of leading Endocrinologists, Physicians, Family Physicians, Medical Teachers & PG Student to Udaipur, Rajasthan for 3<sup>rd</sup> Annual Meeting of the Endocrine society of India Rajasthan Affiliate (RAJ-ESICON 2025) Schedule to be held on 19<sup>th</sup> - 20<sup>th</sup> July 2025 at Hotel Marriott, Udaipur

RAJ-ESICON 2025 is the seminal meeting in hormone health and science, welcoming leading experts, researchers, and the most respected clinicians in the field as we share the latest developments in endocrine research and patient care.

Udaipur is Known as the City of Lake and we promise in this scientific conference we will bring further colors of Endocrinology.

We welcome all suggestions and hope to make this gathering a grand success in terms of scientific content, sharing of knowledge and experiences.

*“Rhamma gani”*



**Dr. Jay Chordia**  
Organising Secretary

**Patron**



**Dr. B.S. Bomb**  
President  
API-Udaipur Chapter



**Dr. D.C. Kumawat**  
Secretary  
API-Udaipur Chapter



**Dr. D.C. Sharma**  
Senior Consultant  
Endocrinology & Diabetes  
Srajan Hospital

**Day 1. 19<sup>th</sup> July (Saturday) 2025**

**12.00 PM– 02.00 PM Registration & Lunch**

**SCIENTIFIC PROGRAMME 02.00 PM – 08.00 PM**

**Session 1 : Various Spectrums of Endocrinology (Hall -A)**

- Endocrine manifestations of Histoplasmosis.
- Calcium a disguising molecule an endocrine perspective.
- GBS syndrome in endocrine disorders.
- Beyond Human Insulins: Unlocking the Power of Innovation with New Generation Insulins.

**Session 2 : Thyroid – A Gland Still Confusing**

- Thyroid Eye Disease.
- Difficult to Treat Hypothyroidism: Case Based Learnings.
- Thyroid Disorder in Pregnancy.

**Session 3 : Varied Spectrum of Thyroid**

- Rational Use of T3 in Management of Hypothyroidism.
- Advanced Thyroid and Parathyroid Surgery in Current Era.
- Thyroid and Hair.

**Session 4 : Adrenal and Other Endocrine Perspective.**

- Approach to Pheochromocytoma and Paraganglioma: Case-Based Approach.
- Adrenal Incidentaloma Evaluation.
- Endocrine Illness Presenting in Psychiatric OPD.
- Congenital Lipodystrophy Syndrome & South Asian Phenotype: Clinical Implications.

**Session 5 : Obesity (MOTA) – The Fat Risk What to Learn**

- Normal Weight Obesity: How Does it Change My Clinical Practice.
- Stepping Up Obesity Care with Semaglutide 2.4 Mg.
- Selecting the Outcomes Beyond Weight.
- Critical Review of Newer Obesity and Diabetes Medications Through the Eyes of Systematic Reviews and Meta-Analysis.

**Session 6 A Different Thought Out of Academics**

- **पैसे का तड़का** – A Smart Financial Planning What a Doctor Should Know.
- Artificial Intelligence in Endocrinology: The Technocrinology Way.
- Sleep the Forgotten Hormone Regulator.

**08.00 pm–08.30 pm Inauguration**

**08.30 pm Karaoke Night and Dinner**

**Day 2. 20<sup>th</sup> July (Sunday) 2025**

**07.30 AM – 08.00 AM – Breakfast**

**SCIENTIFIC PROGRAMME 08.00 AM – 02.00 PM**

**Case Capsules (Hall A)**

**Workshop (Hall B)**

**PG Quiz (Hall B)**

**Poster Presentation (Hall B)**

**Session 1 : Varying Faces of Endocrinology (Hall -A)**

- Refractory Hypothyroidism.
- MSLD In Endocrine Practice Current Guideline and Future Direction.
- Androgen Deficiency in Aging Male's.
- Prolactinoma.

**Session 2 : Insulin and Diabetes A different Look**

- Approach to Patient with High Insulin Requirement.
- Transforming Diabetes Care Landscape with 2<sup>nd</sup> Gen Basal Insulin
- I GlarLixi: A SOLID Approach for Comprehensive T2DM Management

**Session 3 : A Confusion Cleared**

- Milk Consumption is Safe and Essential - Clearing the Clouds.
- Prevention, Remission and Cure of Diabetes: Reality or Myth.
- Challenging Cases of Young Onset Diabetes.

**Session 4 : Hypoglycemia and Drugs an Approach**

- Post-Meal Spikes in Indian T2D – Block or Bear?
- Hypoglycaemia in Patients Without Diabetes Approach Work Up and Management.

**Session 5 : Misuses of Wonder Drug and Adrenal**

- Use and Misuses of Steroids in Medical Practice How It Identify.
- Adrenal as a Seed of hypertension.

**Session 6 : Variations of Endocrinology**

- Approach to Precocious Puberty.
- The Art of Cardio-Kidney-Metabolic Health: A SOULful Perspective on Oral Semaglutide.
- PCOS, The Metabolic Time Bomb in Disguise?
- Newer Updates in Osteoporosis.

**02.00 pm Valedictory and Lunch**

# Eminent National & State Faculty



**Dr. Ajay Shah**  
Jaipur



**Dr. Alpesh Goyal**  
Bhopal



**Dr. Altamash Shaikh**  
Mumbai



**Dr. Ameya Jeshi**  
Mumbai



**Dr. Anurag Lila**  
Mumbai



**Dr. Ashu Rastogi**  
Chandigarh



**Dr. Atul Dhingra**  
Sri Ganganagar



**Dr. Balram Sharma**  
Jaipur



**Dr. Deep Dutta**  
New Delhi



**Dr. Deepak Khandelwal**  
New Delhi



**Dr. Dependra Singh**  
Gonda



**Dr. Girish Parmar**  
Mumbai



**Dr. Hardev Nehara**  
Bikaner



**Dr. Khushboo Agarwal**  
Vellore



**Dr. Lakshmi Nagendra**  
Hyderabad



**Dr. Mohan T Shenoy**  
Trivandrum



**Dr. Nimisha Jain**  
Jaipur



**Dr. Om Lakhani**  
Ahmedabad



**Dr. P P Patidar**  
Jaipur



**Dr. Parth Jethwani**  
Kota



**Dr. Prakash Keswani**  
Jaipur



**Dr. Pramod Gandhi**  
Nagpur



**Dr. R. Santosh**  
Hyderabad



**Dr. Rajeev Kasiwal**  
Jaipur



**Dr. Ritesh Agrawal**  
Mumbai



**Dr. Ronak Gandhi**  
Jodhpur



**Dr. Sachin Chittawar**  
Bhopal



**Dr. Sambit Das**  
Bhubaneswar



**Dr. Sameer Aggarwal**  
Rohtak



**Dr. Sandeep Mathur**  
Jaipur



**Dr. Sanjay Kalra**  
Karnal



**Dr. Sanjay Saran**  
Jaipur



**Dr. Sapana Bhatra**  
Jaipur



**Dr. Saptarshi Bhattacharya**  
New Delhi



**Dr. Sailesh Lodha**  
Jaipur



**Dr. Shiva Madan**  
Sri Ganganagar



**Dr. Sri Nagesh**  
Hyderabad



**Dr. Yashasvi Pathak**  
Jaipur

## Team Rajasthan



Dr. Abhinav Gupta



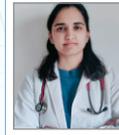
Dr. Abhishek Prakash



Dr. Abhishek Hajela



Dr. Akhil Joshi



Dr. Anamika Gora



Dr. Ankit Manglunia



Dr. Ankur Gahlot



Dr. Anukriti Sood



Dr. Ashish Jangir



Dr. D.C Sharma



Dr. Deepak Gupta



Dr. Hema Singh



Dr. Jay Chordia



Dr. M K Garg



Dr. Mahaveer Singh



Dr. Mahendra Singh



Dr. Manoj Khandelwal



Dr. Mona Dhingra



Dr. Mukul Gupta



Dr. Naincy Purwar



Dr. Nitesh Baudh



Dr. R K Sharma



Dr. Rahul Sahlot



Dr. Ravindra Shukla



Dr. S K Sharma



Dr. Sandeep Kansara



Dr. Subhash Joshi



Dr. Suchitra Yadav



Dr. Tuhin Dubey



Dr. Vinod Bokadia

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## Registration Form

(PLEASE FILL IN CAPITAL LETTERS)

### PERSONAL DETAILS

Title Dr.  Prof.  Mr.  Mrs.  Ms.

Name \_\_\_\_\_

Council No. \_\_\_\_\_ ESI Membership No. \_\_\_\_\_

Hospital / Institution \_\_\_\_\_

Qualification \_\_\_\_\_ Speciality \_\_\_\_\_

Address for Communication \_\_\_\_\_

City \_\_\_\_\_ Pin code \_\_\_\_\_ State / Country \_\_\_\_\_

Mobile No. \_\_\_\_\_ Land Line No. (With Area Code) \_\_\_\_\_

Email \_\_\_\_\_

### Accompanying Person Details:

\_\_\_\_\_  
\_\_\_\_\_

Category	Early Bird till 30 <sup>th</sup> June 2025	1st July to 17 <sup>th</sup> July 2025	Spot Registration
ESI Member	₹ 2,500	₹ 3000	₹ 4,500
Non Member	₹ 3,000	₹ 3,500	₹ 5,500
Residents / Post Graduate*	₹ 2000	₹ 2,000	₹ 2,000
International Delegate	\$ 100	\$ 150	\$ 200
Accompanying Person**	₹ 2000	₹ 2,500	₹ 3,500

Delegate Free: \_\_\_\_\_ Accompanying Person Fee (if any): \_\_\_\_\_ Total: \_\_\_\_\_

### Payment Mode

You can pay by Cheque/ Demand Draft in favour of "ENDOCRINE SOCIETY OF INDIA RAJASTHAN AFFILIATE" Payable at Jaipur, India

Cheque/ DD No.: \_\_\_\_\_ Amount: \_\_\_\_\_ Dated.: \_\_\_\_\_

Bank: \_\_\_\_\_

You can pay by bank transfer using the following information (kindly mail Bank slip / receipt of transfer with the filled form to E-Mail, Whatsapp or website)

Bank : **HDFC BANK**  
A/c No : **50100341760605**

Account Name : **ENDOCRINE SOCIETY OF INDIA RAJASTHAN AFFILIATE**  
IFSC CODE : **HDFC0003931**